

## Agenda

### Introductory Webinar

## The Aging of the Spine I:

## Spinal Pathology and Challenges in Clinical Practice

<b>Organizer:</b>	healthbook.org (Switzerland)
<b>Date of Webinar:</b>	<b>Wednesday, April 9, 2025</b>
<b>Target Audiences:</b>	Orthopedic surgeons, neurosurgeons, neurologists, rheumatologists, gerontologists, physical medicine specialists, general practitioners (GPs), physiotherapists, chiropractors, and medical students
<b>Duration:</b>	17:00 – 18:00 (60 min)
<b>Chair:</b>	Prof. Dr Max Aebi, Bern, CH
<b>Speaker:</b>	Prof. Dr Dino Samartzis, Rush University, Chicago, USA

**Objectives:** The CME-accredited webinar series, 'The Aging of the Spine', aims to educate attendees on the biological and mechanical changes in the spine associated with aging. The series will cover the diagnosis and prevention of spine-related issues and explore current treatment options, with a particular focus on basic knowledge, pathology and diagnosis in this webinar.

## Final Agenda

17:00 – 17:05	<b>Welcome &amp; introduction</b> <i>Prof. Dr Max Aebi</i>	5'
17:05 – 17:35	<b>New research approaches to understanding the degenerative processes of the musculoskeletal system, with particular emphasis on the aging spine</b> (including case) <i>Prof. Dr Dino Samartzis</i>	<i>Presentation time: 30'</i>
17:35 – 17:55	<b>Discussion round</b> <i>Prof. Dr Max Aebi &amp; Prof. Dr Dino Samartzis</i>	<i>Discussion time: 20'</i>
17:55 – 18:00	<b>Conclusion &amp; closing remarks</b> <i>Prof. Dr Max Aebi</i>	5'