



INVITATION / REGISTRATION

EXPERT **Anatomy Lower Limb**

Bern, 28th February 2025 or

Bern, 29th March 2025 (repetition)

at the Institute of Anatomy, Baltzerstrasse 2, 3012 Bern

MEETING RATIONALE:

The management of spasticity requires experience and skills in a range of practical aspects. To ensure safe usage and optimal treatment response with botulinum toxin therapy, target structures must be correctly localized and injected. The objective of this course with focus on Lower Limb is to foster the use of ultrasound as a guiding technique for injections on cadavers. Our experts will answer your questions and guide you through the challenges of botulinum toxin treatment to increase your confidence in daily practice.

Speakers



Prof. Dr. Laurent Tatu

University Professor of Anatomy, Hospital Practitioner in Neurology, Head of the Neuromuscular Pathology Department at the Centre Hospitalier Universitaire (Besançon, France) and Coordinator of the Anatomy Laboratory (Université de Franche-Comté, France)



Dr. Stefano Carda

Deputy Head MD, FMH Physical and Rehabilitation
Medicine Clinical and research specialties
Spasticity and neuromuscular diseases
CHUV - Neuropsychology and Neurorehabilitation Department



Dr. Julia Waskönig

Head of Botulinum Toxin Consultation, Center for Parkinson's and Movement Disorders, University Clinic for Neurology, Inselspital Bern
Diagnosis and treatment of movement disorders and the medical-therapeutic use of botulinum toxin for dystonia and spasticity

Agenda

- 08:00 - 08:30 WELCOME, REGISTRATION
- 08:30 - 10:00
- Botulinum toxin type A in spasticity management
 - Spasticity and importance of goal setting
 - Lower limbs (topographical and functional anatomy and relevant anatomical landmarks)
 - Ultrasound-guided injection technique: technical considerations and basic guidelines for easy, reliable targeting of lower limb muscles
- 10:00 - 10:15 COFFEE BREAK
- 10:15 - 12:15
- Anatomical dissection in the cadaver laboratory
 - Practical ultrasound session
- 12:15 - 13:00 LUNCH BREAK
- 13:00 - 16:45
- Practical laboratory work - Ultrasound-guided injection techniques on cadavers

Continuing education credits (8) are requested from the Swiss Neurological Society.

As the number of participants is limited, registrations will be taken into account on a first-come, first-served basis. To register, please fill in the following fields and send us this information by e-mail (to neurologie@merz.ch) by clicking on the button below:

Please mark your preferred participation date:

Friday, 28th February 2025

Saturday, 29th March 2025

Title, first and last name:

Address (HCO):

Address (department):

Address (street, city):

E-Mail:

Send completed form by e-mail



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